

Personal Social and Emotional

We will support the children's transition into Seedlings by helping them settle into daily routines and feel confident at the start of each day. Each child will have a key person to help build positive relationships and provide support. We will encourage kindness and respect, helping children to understand and appreciate our differences.

Communication and Language

We will support children to share and express their feelings and to develop their own ideas and thoughts. Through puppets, small world and role play, children will retell favourite stories and create new ones using their own experiences and imagination.

Physical

We will develop physical skills through a range of gross motor activities such as climbing, pedalling, digging, building and scooting, helping children understand how movement affects their bodies and builds confidence. Fine motor skills will be supported through activities like pouring, threading, peg boards, screwing, weaving and working with malleable materials.

Mathematics

In maths, we will encourage children to use mathematical language in their play, including size and weight comparisons. Through a range of activities, they will explore mass and capacity and develop their own ideas about how things work. We will also introduce numerals 1-10 and support children in linking numbers to numerals through songs and rhymes.

Seedlings

All About Me – Autumn 2026

This term, our theme is 'All About Me'. Through a range of fun, engaging activities, stories and discussions, the children will learn about themselves and others. They will explore their families, emotions, likes and dislikes, and discover what makes each person unique. We look forward to a happy, exciting and rewarding term filled with learning, creativity and discovery!

Literacy

Stories in Seedlings are an important part of our daily routine. Children will have many opportunities to retell stories, build their vocabulary and use their imagination. Using name cards, pegs and drawers, we will support children to recognise letters in print and begin to link sounds with their own names. Children will also develop early phonological awareness through sound bags, sound hunts and listening for initial sounds in words.

Understanding the World

We will provide lots of opportunities to share our experiences and talk about what we observe in the environment. We will be using our touch screen computer and iPads to complete appropriate programs and make simple investigations.

Expressive Arts and Design

The children will be encouraged to be expressive using a range of media such as paint, clay, tissue paper and card to create pictures or 3D art. We will provide lots of opportunities for drawing and assigning meaning to their marks. We will encourage and stimulate children to express their own experiences through small world, role play activities, singing and dancing.

How can you help?

Talk to your child about what they like to do at Preschool. Regularly share their favourite stories and rhymes. Read their chosen book from their book bag each week and ask them questions about it. Practice counting steps, objects etc. up to 10. Use phonic sounds when spelling their name and point out letters in the environment. Thank you.